



in partnership with St. Petersburg College
welcomes you to the

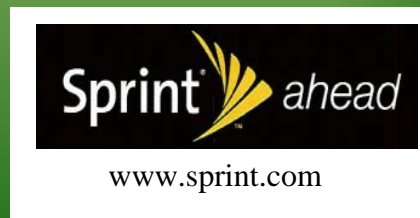
2009 CERT / VOAD

HURRICANE CONFERENCE

May 1 - 2, 2009

**St. Petersburg College, Seminole Campus
9200 113th Street North, Seminole, FL 33772**

Special Thanks to our Sponsors!



Camp Noah



A week-long gift of healing and hope for children of natural disaster that can have an impact for a lifetime!

What is Camp Noah?

- A faith-based, weeklong day-camp that serves 1st - 6th grades
- Offered at little cost to children
- Staffed by trained local or national team volunteers from various denominations
- Therapeutic but not therapy!



Our Mission...

To support children impacted by natural disaster by providing a program that:

- 1. Builds resiliency in children by providing activities that equip children to feel more prepared to deal with re-occurring severe weather.**
- 2. Facilitates healing in children by reducing the disaster related stress symptoms they exhibit**
- 3. Strengthens children's faith by increasing their understanding of the role of God in their lives and in the disaster.**

How is Camp Noah Unique?



- On site mental health professional
- Best therapeutic practices related to trauma and grief support
- Fun activities, intergenerational relationships, and continuity

How has Camp Noah Been Used?

- Floods
- Tornadoes
- Wildfires
- Hurricanes/Tropical Storms
- Offered in Spanish
- Offered in non-summer months
- Adapted for Muslim children



Camp Noah Core Components

- Use of research-based curriculum
- Offered at no cost to children
- Camps are designed for between 30 to 50 children
- National, intergenerational volunteer teams
- Volunteers are trained
- Reference and background checks are completed for all volunteers
- On site mental health professional for all camps
- Trained Site Coordinators



Where has Camp Noah Been?

- Flooding in Minnesota, North and South Dakota, Texas, Pennsylvania, and Puerto Rico
- Tornadoes in Minnesota, South Dakota, Kansas, Oklahoma, Alabama, Colorado, Indiana and Mississippi
- Tropical Storms/Hurricanes in North Carolina, Alabama, Louisiana, Mississippi, Texas, Florida and Puerto Rico and in other locations for those relocated by the 2005 hurricanes
- Wildfires in California

The Noah Curriculum

- Throughout the week children learn of Noah and his disaster of the flood
- Children compare their stories of loss and grief with Noah's experience
- Children discuss the presence of God amid the disaster and in their lives.
- Children make plans of preparation for future disasters and learn information to empower them to move forward
- Children discover their unique gifts and talents, build resiliency skills and build hope for the future.

Camp Noah Daily Themes

Day 1: You Are Unique

Day 2: Telling My Story

Day 3: Faith, Family &
Friends

Day 4: You Can Make a
Difference

Day 5: Prepare & Hope



Daily Schedule: Morning

- 8:00 am Breakfast, childcare (optional)
- 9:00 am Large Group Gathering
- 9:30 am Small Groups
- 10:30 am Craft, Snack, Games, Songs
- 12:00 Lunch



Daily Schedule: Afternoon

- 12:30 pm Children's Literature
- 1:00 pm Games, Electives, Special Speakers or Events
- 2:30 pm Large Group Gathering
- 3:00 pm Childcare (optional)
- 3:00 pm Staff Debriefing/Preparation
- 5:30 pm All Children Home
- Camp Staff and Volunteer Free Time



Group Questions

1. What do you think that children need on the first day of Camp Noah?
2. If you have done Camp Noah before, what have you found helpful on that first day?

Day 1: You are Unique

- **Objective:** *To learn more about each child and begin to talk about the disaster in light of Noah's own disaster story.*
- **Resiliency factors to reinforce:**
 - Stress the importance and value of God's love and care in each life as we discuss how all of us are unique and special
 - Develop a sense of personal achievement and pride
 - Display empathy and a willingness to share with others

Day 1: You are Unique

- **Mantra:** *I'm unique inside and out, I'll tell you what I'm all about*
- **Story/Skit:** The Story of Noah
- **Creative Art Activity:**
Body Figures/Self Portraits

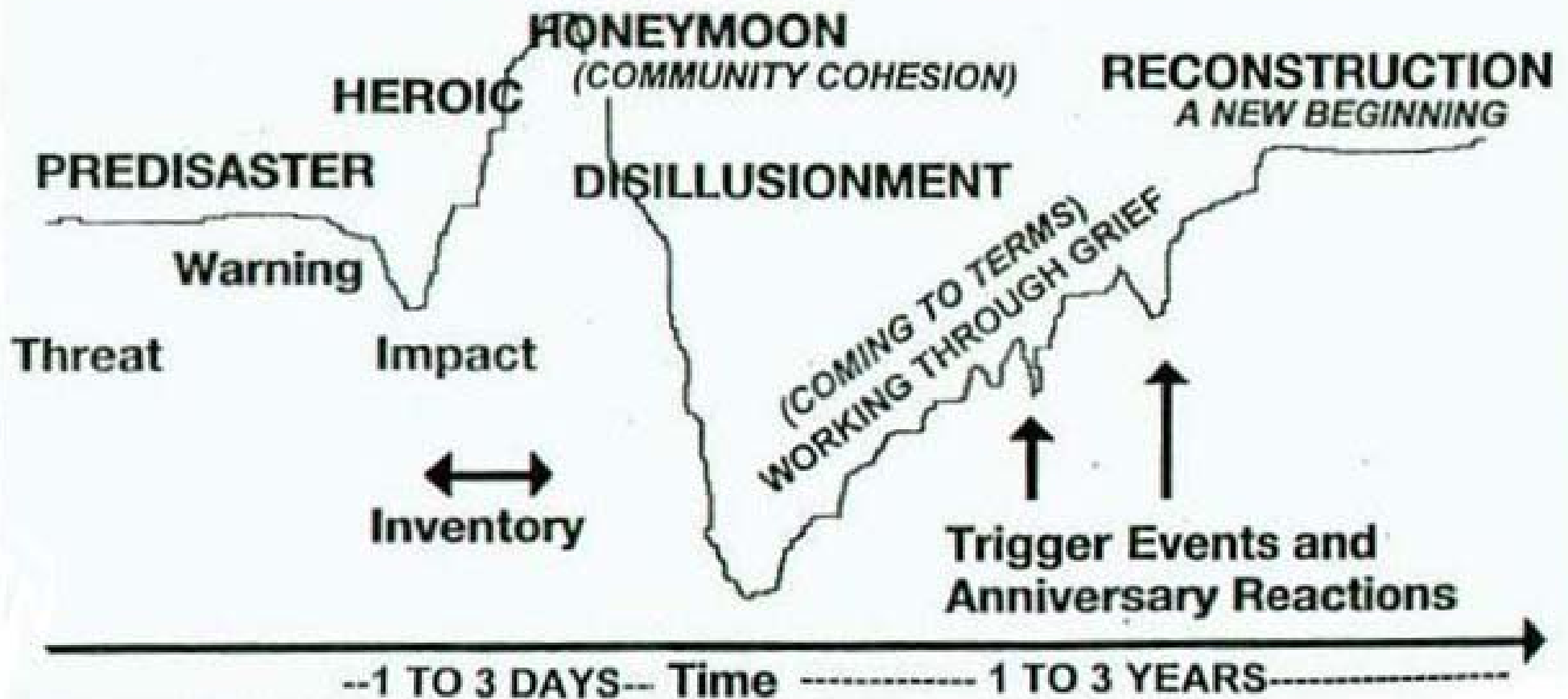


Day 2: Telling My Story

- **Objectives:**
 - *Giving children the opportunity to share their disaster experience and express the feelings they have about the disaster.*
 - *Provide an education in the stages of disaster*
 - *Helping children name their feelings*
- **Resiliency Skills Reinforced:**
 - Provide children with an opportunity to assume personal responsibility
 - Display empathy and a willingness to share with others
 - Understand God is with us in good times and bad

A Community's Emotional and Spiritual Recovery

Phases of Disaster



Group Discussion

Those of you who have done Camp Noah before, share with the group some of the things that children have shared as they discuss the phases of disaster.

What have they shared about, Preparing for the Disaster, Evacuation, The impact of the Disaster or Temporary Housing?

Day 2: Telling My Story

- **Mantra:** *Storms will come and storms will go.
I've never alone, that I know*
- **Story/Skit:** Life on the Ark
- **Disaster Stories:** Campers have an opportunity to draw and share their own stories.



Day 3: Faith, Family & Friends

Objectives:

- *Understand that it is okay to feel afraid and express fears.*
- *Identify and embrace the fact that they have a network of people surrounding them that love and care about them.*
- *Children have the opportunity to acknowledge their losses and the emotions that accompany those losses.*

Resiliency Skills to Reinforce:

- The importance of family
- Understand that others care about you
- Provide and opportunity for intergenerational relationships
- Learn ways to relax

Day 3: Faith, Family & Friends

- **Mantra:** *God and family are here to stay.
Worry and fear get out of the way*
- **Story/Skit:** Jesus Calms the Storm
- **Creative Art Activity:** Safe Place Picture,
Wall of Remembrance
- **Special Activity:** Web of Support

Day 4: You Can Make a Difference

Objective: *To communicate and encourage in children a stronger sense of self-esteem and an awareness of their own gifts.*

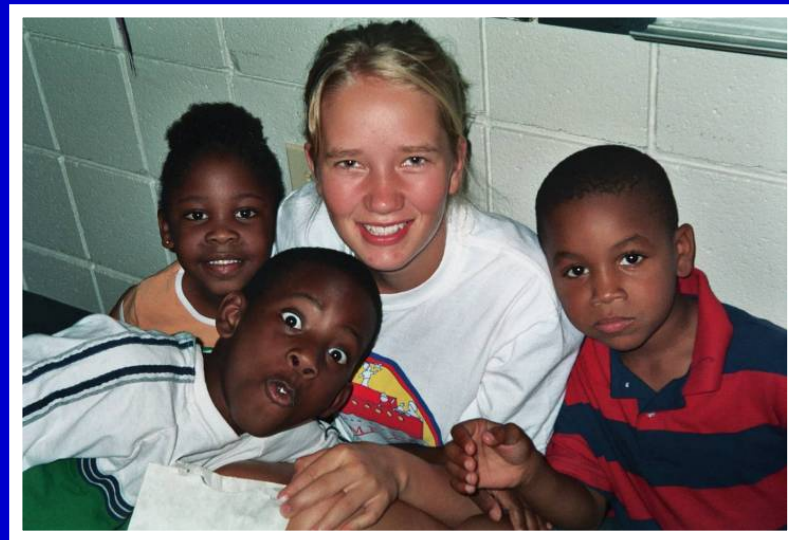
Resiliency Factors to Reinforce:

- Know they can make a difference in the world
- Understand that self-esteem also means you have esteem and respect for others
- Begin to understand that when they help or give to someone they feel good.

Write on a card at your
table, a gift or talent that
you have.

Day 4: You Can Make a Difference

- **Mantra:** *Five, Six, Seven, Eight...my gifts and skills I celebrate*
- **Story/Skit:** The Good Samaritan
- **Creative Art Activity:** Your Gifts & Talents



Day 5: Prepare and Hope for the Future

Objectives:

- *To help children feel prepared in the event of another disaster*
- *Integrate their experience of the disaster with their hopes and plans for the future*
- *Express their blessings and hopes for the future.*

Resiliency Factors to Reinforce:

- Provide children with tools to feel prepared in the event of another disaster
- Nurture a sense of hope in the future
- Help children begin to see signs of recovery in themselves and in their community

Write a hope that you
have for the Camp Noah
you will be doing.

Day 5: Prepare & Hope for the Future



- **Mantra:** *I can cope, 'cause I have hope!*
- **Story/Skit:** Noah sends out the Dove
- **Creative Art Activity:** Hopes and Dreams Box, Preparedness Bags



For more information
about Camp Noah ...

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Check out our website at:
www.campnoah.org